

Cockpit Preparation Flow		
Item Description	Location	Action
Simbrief Flightplan	Tblt	Import
GPU	Tblt	Connect
Parking Brake	Pdst	Set
Battery	Ovhd	On
External Power	Ovhd	On
Eng/Apu Fire test	Ovhd	Perform
Emergency Light	Ovhd	Arm
No Smoking Sign	Ovhd	On
Seatbelt Sign	Ovhd	Auto
Nav Light	Ovhd	On
IRS 1, 2, Aux	Ovhd	Nav
Payload & Fuel *	Tblt	Set
Initialise IRS	Fmc	Perform
IFR Clearance	Atc	Obtain
FMC	Pdst	Program
Transponder Sq & Mode	Pdst	Set
Weather Radar	Pdst	On
Standby ADI	Mip	Activate
Initial Climb Altitude	Fcp	Set
Heading	Fcp	Set Runway hdg
Display Select Panel	Mip	Configure
Windshield Anti-Ice	Ovhd	On
Fuel Used	Ovhd	Reset
Autobrake	Pdst	T/O
Comm Radio's	Pdst	Set Frequencies
Apu Pwr	Ovhd	On
Emer PWR	Ovhd	Arm
APU Bleed	Ovhd	On
External Power	Ovhd	Off
Doors & Services	Tblt	Check clsd/disc

Before Start Checklist	
Item Description	Action
Parking Brake	Set
Beacon	On
Aux Hyd Pump 1	On
APU & APU Bleed	On
Engine Ignition	A or B
Passenger Signs	On

Startup Flow		
Item Description	Location	Action
Pushback		Perform
Engine Ignition	Ovhd	A or B
Engine 3		Start
- Start Sel Switch Eng	Pdst	Pull
- When N2 above 15%	Pdst	Fuel switch on
Engine 1		Start
Engine 2		Start
Engine Anti Ice	Ovhd	As Required
APU & APU Bleed	Ovhd	Off

After Start / Before Taxi Checklist	
Item Description	Action
Overhead panel	Checked
Anti-ice	As Required
Stab Trim	Set (FMC T/O Page)
Aux Hyd Pump 1	Off
Flaps	___ Set
Flight Controls	Checked
Nose Lights	Taxi

Before Take Off Flow		
Item Description	Location	Action
Autobrake	Pdst	Set T/O
Prof	Fcp	Arm
Nav	Fcp	Arm

Before Take Off Checklist	
Item Description	Action
Flaps	Set T/O
Stab Trim	Set T/O
Spoilers	Armed
Autobrake	Set T/O
Nose Lights	Take Off
Landing Lights	On
Strobe Lights (Hi-int)	On

After Take Off Checklist	
Item Description	Action
Landing Gear	Up (No lights)
Flaps/Slats	Up/Retracted
Spoilers	Disarmed
Eng/Wing Anti-ice	As Required
--- Transition Altitude ---	
Altimeter	Standard
--- Above 10.000 feet ---	
Landing Lights	Off
Nose Lights	Off
Seatbelt Sign	Off
Flap T.O. Sel (dial a flap)	15°

Approach Checklist	
Item Description	Action
Seatbelt Sign	On
Status Page	Checked
Landing Lights	On
Minimums	Set
Altimeter	Set

Landing Checklist	
Item Description	Action
Autobrake	___ Set
Spoilers	Armed
Landing Gear	Down/4 green
Flaps	___ Set

* If you get an error when setting payload, it means your weight units (Imperial vs Metric) doesn't match your settings in Simbrief. Adjust it on either one